Learning and Personality Test Study Guide

**Questions**

1. How would you explain Howard Gardner’s Theory of Multiple Intelligences?
2. Where do emotions come from?
3. What are the three different methods for describing emotions? Be able to explain memories using each theory.
4. What are the basic types of memories?
5. What is the process of memory? How are memories classified?
6. What are the defense mechanisms we studied in class and how are the used?
7. Which defense mechanism do you use the most and why?
8. What is the difference between classical and operant conditioning? Which do you think is the most effect form of learning and why?
9. Explain Esyneck’s theory of personality.
10. Explain the five factor model of personality.

**Terms and Vocab to Know**

1. Classical Conditioning
2. Operant Conditioning
3. Stimulus
4. IQ Scores
5. Episodic Memory
6. Unconditioned Stimulus
7. Unconditioned Response
8. Conditioned Stimulus
9. Conditioned Response